

TITANS LACROSSE NEWSLETTER



APRIL
2025



Welcome Titans!

Welcome to the 2025 season, Titans! We are beyond excited to kick off what promises to be an incredible season. The energy is high, the preparation has been intense, and our team is ready to give it their all on the field. This season is all about pushing boundaries, making unforgettable moments, and striving for greatness. With your support, we know we can achieve something special. Let's come together and make 2025 a season to remember!



NEW TITANS MERCH

[sherwoodparktitans.entripy.com](https://www.sherwoodparktitans.entripy.com)

Welcome to the Titans Pro Shop where our players, parents, and supporters can buy custom gear to show their Titans pride!

Pick your favourite gear, and customize it with team logos, names, and numbers.

*** Game Shorts are still purchased from Sin Bin ***



www.sherwoodparktitans.ca

Important Dates

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Sherwood Park Titans Classic

May 30 - June 1

U9 - U11B - U13A - U13B - U15A - U15B - U17B

Registration is waitlisted!

We are looking for vendors and sponsors for the Tournament. Spread the word! Contact tournament@sherwoodparktitans.ca information. Managers watch for communication on team requirements (U11-U17).

Photo Day Coming Soon

We are excited to partner with local photographer, Cormack Photography, again this season. Team managers will receive information directly on how to sign up for a timeslot. Stay tuned!



Coach Meeting

Presented by Blair Manning & Brian Broks

Join us for a coach meeting put on by our very own coaches who will also be coaching Team Alberta this year

April 3, 8:00pm Ardrossan Rec Aspen room

[SIGN UP HERE](#)

Manager Meeting

Virtual meeting April 6, 7:00pm

Join us for an in depth meeting, whether you're new to managing a team or have experience, this session will provide valuable insights to successfully lead your team

[SIGN UP HERE](#)



Megan Kinna Workshop



We are excited to partner with Megan, a Canadian lacrosse midfielder known for her exceptional skills in both field and box lacrosse. From Maple Ridge, B.C., she has represented Canada on the international stage and has had a significant impact at the collegiate and professional levels.

We are hosting a workshop with Megan

\$30 per participant

April 12 10:00am-5:00pm

[SIGN UP here](#)

Matt Hiebert Goalie Clinic

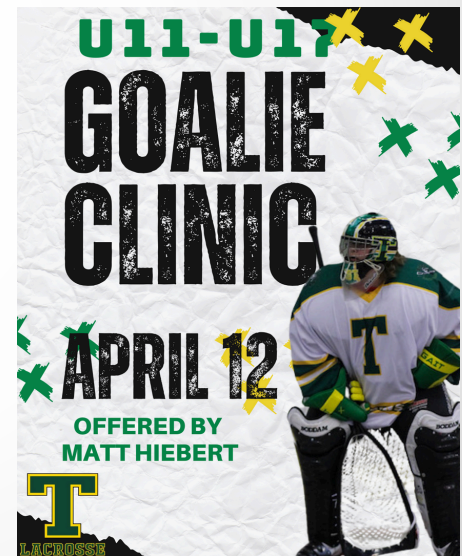
We have partnered with Matt Hiebert to offer an amazing opportunity for our Titans goalies this season. Current goalie for the Senior B Miners and goalie coach for the Junior A Miners, Matt will work on fundamental goalie skills and advanced drills.

April 12 10:00am-4:00pm

No cost

[SIGN UP HERE](#)

Shooters are also needed for each session, use the sign-up sheet above - spots will be limited.



Other Important Dates

Season starts April 12-16, 2025

U7/U9 GELC Wrap up Jamboree June 13-15, 2025

GELC playoffs U11-U17 June 16-26, 2025

Provincials U13-U17 July 11-13, 2025 (Calgary, AB)



Letter From the President

Dear Sherwood Park Titans Members,
Welcome to the 2025 season!

We are thrilled to have you with us as we embark on another exciting year of lacrosse. The Sherwood Park Titans Executive team has been working tirelessly behind the scenes to ensure that this season is a resounding success.

As members of the Titans family, we believe in the power of unity, dedication and passion for lacrosse. Together , we can achieve greatness both on and off the floor. Our commitment to each other and to the sport we love is what sets us apart. We are more than just a club, we are a community that supports, encourages and celebrates each other's achievements.

We are confident that this season will be filled with memorable moment's, both on and off the floor. Your support and enthusiasm are what drive us to continually improve. Together, we will make this season one to remember.

Thank you for being a Sherwood Park Titan. Let's make 2025 our best season yet!

Once a Titan, always a Titan!

Yours in lacrosse,



Karen Wellner



Did you know?

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WE NEED REFEREES!

If there is no referee, there is no game. It is a very true statement! Lacrosse in Alberta is in trouble. There is an enormous lack of referees available for the games and tournaments that require them. Tournaments have been cancelled or put on hold due to this problem. Refereeing Lacrosse has so many benefits. If you are a player, it helps you master the game, provides extra cardio which will benefit your game and it provides a boost in self confidence as there is nothing like going on to the floor and doing a job well done! It also is a fairly well-paying part-time job. If you are an adult/parent it is an opportunity to give back, being involved in the sport without a heavy time commitment. The Alberta Lacrosse Referees Association (ALRA) has made it extremely easy to be trained as a referee! You attend a zoom session from the comfort of your home. In this you will learn the rules and game management and then write a quiz. After this you attend an on-floor session where there is an abundance of help for teaching you the actual mechanics of refereeing a game. All of it is a very pressure and stress-free experience. Please, if you are thinking about it, give it a try for without you, as a referee, there is no game!

-A statement from our Referee & Women Director Len Freeman
Contact Len with any questions at
female@sherwoodparktitans.ca

If you are interested in officiating, please consider checking out the [ALRA](#)



We want to take a moment to remind you about the order of communication within our association.

1. Player/Parent ⇒ Head Coach/Team Manager (If you do not yet have that contact information, please direct communication to your age level Division Director)
2. Head Coach/Team Manager ⇒ Division Director
3. Division Director ⇒ Titans Executive/Board Member
4. Titans President ⇒ GELC (Greater Edmonton Lacrosse Council)
5. GELC ⇒ ALA (Alberta Lacrosse)
6. ALA ⇒ LC (Lacrosse Canada)

Thank you for your valuable feedback!

We sincerely appreciate your participation in our evaluation survey. Your feedback is incredibly important to us, as it provides essential insights that help us better understand your needs and expectations. By sharing your thoughts, you are directly contributing to our ongoing efforts to improve and grow. We are committed to making meaningful changes based on your input and ensuring that we continue to offer the best possible experience.

Thank you for helping us make a difference!



The Greater Edmonton Lacrosse Council has teamed up with Respect in Sport to support a positive "safe sport" culture and improve the sport experience for everyone involved.

Respect in Sport (RIS) Certification is a mandatory requirement of the Greater Edmonton Lacrosse Council and its Member Clubs in order to register your child in lacrosse.

For more information check out our website!
<https://www.sherwoodparktitans.ca/content/respect-in-sport---parent>

Stay up to date on all thing Titans

