

TITANS LACROSSE NEWSLETTER



MARCH
2025



Registration Reminder

Thank you to everyone who has already registered for the 2025 season! We are already onto wait lists in some divisions, so remind your friends to register before March 31st to secure a spot on the team.

All registration information, along with fees for each division, can be found on our [website](#).

If you have questions about registration, please contact our amazing Registrar:
registrar@sherwoodparktitans.ca



NEW TITANS MERCH

sherwoodparktitans.entripy.com

Welcome to the Titans Pro Shop where our players, parents, and supporters can buy custom gear to show their Titans pride!

Pick your favourite gear, and customize it with team logos, names, and numbers.

*** Game Shorts are still purchased from Sin Bin ***



www.sherwoodparktitans.ca

Important Dates

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Sherwood Park Titans Classic

May 30 - June 1

U11B - U13A - U13B - U15A - U15B - U17B

Registration Information to come!

We are still looking for vendors and sponsors for the Tournament. Spread the word! Contact tournament@sherwoodparktitans.ca for vendor and sponsor information

Equipment Pickup

March 26th

Once you have arrived, head to the back of the building. Send someone from your team to pick up the equipment. You will need a credit card or post-dated cheque as a deposit for your equipment.

If you cannot make it this day, please contact the Equipment Director equipment@sherwoodparktitans.ca



SIN BIN

Do not forget to purchase your game shorts from SinBin
Check them out for your Titans Apparel needs

<https://www.sinbinsports.ca/association-gear/titans-lacrosse/>



Congratulations

U17 - A

Parker Aitken
Easton Arndt
Declan Briton
Kason Brownlee
Liam Cappella
Braidon Crundwell
Ryder Harrison
Larson Hogle
Cortlan Holts
Zachary Khun
Rhett MasIsaac
Quade Manning
Ewan McCormick
Carter Mitchell
Ethan Mitchell
Ethan Oldford
Tiago Rodrigues
Jake Smith
Brody Virostek
Michael Warawa

U15 - A

Chase Blair
Owen Britton
Ada Brooks
Blake Cappella
Brock Devine
Nate Eggins
Nash Gallacher
Quinn Manning
Calvin Martin
Brody Matthews
Jax Matthews
Max Nykipilo
Hayden O'Hara
Kyson Prediger
Levi Riley
Tyler Rushton
Angus Tachuk

U13 - A

Parker Doetzel
Anthony MacNeil
Maveryck Travis
Max Smith
Jaxsen Kelly
Brayden Mahoney
Logan Loveseth
Rhys Bates
Carter Skaling
Drew Dawson
Haddie Broks
Cash Cossey
Stockton Sexsmith
Blake Drechel
Silas Cubert
Thayn Thibault

'B' Teams, U11, U9, and U7 Teams will be posted to the division page on the website!



Executive Members

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Position	Name	Contact
President	Rene C	president@sherwoodparktitans.ca
Vice President	Karen W	vicepresident@sherwoodparktitans.ca
Treasurer	Pam B	treasurer@sherwoodparktitans.ca
Registrar	Lisa C	registrar@sherwoodparktitans.ca
Secretary	Jen H	secretary@sherwoodparktitans.ca
Coach Development	Andrew M	coachdevelopment@sherwoodparktitans.ca
Titans Classic Tournament Coordinator	Amanda L	tournament@sherwoodparktitans.ca
Scheduler	Nicole H	scheduler@sherwoodparktitans.ca
Equipment Director	Nick	equipment@sherwoodparktitans.ca
Social Media and Marketing	McKinley S	website@sherwoodparktitans.ca
Communications Director and Webmaster	Amanda L	webpage@sherwoodparktitans.ca
Evaluations Coordinator	Andy T	elvuationcoordinator@sherwoodparktitans.ca
Merchandise	Kayla H	Merchandise@sherwoodparktitans.ca
Volunteer Coordinator	Lisa	volunteer@sherwoodparktitans.ca
U17 Director	Corey H	u17@sherwoodparktitans.ca
U15 Director	Dean B	u15@sherwoodparktitans.ca
U13 Director	Jeff C	u13@sherwoodparktitans.ca
U11 Director	Rene C	u11@sherwoodparktitans.ca
U9 Director	McKinley S	u9@sherwoodparktitans.ca
U7 Director	McKinley S	u7@sherwoodparktitans.ca
Womens Director	Len F	female@sherwoodparktitans.ca
Teams and Managers Communications		
Referee Development Director	Len F	refereedevelopment@sherwoodparktitans.ca



Equipment Basics

Helmet:

A standard hockey helmet with a cage is necessary for Box Lacrosse. Lacrosse-specific cages are available for better vision. A mouthguard is also required.

Gloves:

Although hockey gloves will work for young or new players. You'll want your player to get a set of lacrosse gloves that will allow for greater hand movement as well as game specific protection.



Chest Protector/Shoulder Pads:

Hockey shoulder pads can also be worn for new players, but lacrosse chest protectors offer greater mobility and bicep protection from slashes.

Kidney Guards:

Kidney pads or rib protectors are lacrosse specific and one of the most important pieces of equipment. They fit under the chest protector and protects against slashes, cross checks, and being hit with the ball.

Try on many different types to find the best fit for your player while giving adequate protection.

Slash Guards:

Slash guards are another Lacrosse specific piece of equipment. They differ from hockey elbow pads, as they cover more of the arm to protect from slashes, while allowing greater mobility of the arm.

Other Optional Gear:

Bicep Pads can be worn in addition or separately from the chest protector. They can offer more coverage than the pads included in the chest protector.

Wrist Guards can help cover the area that can be exposed between the slash guard and the glove.

If there are any questions regarding equipment, contact our Equipment Director, Nick, at equipment@sherwoodparklacrosse.ca



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The Greater Edmonton Lacrosse Council has teamed up with Respect in Sport to support a positive "safe sport" culture and improve the sport experience for everyone involved.

Respect in Sport (RIS) Certification is a mandatory requirement of the Greater Edmonton Lacrosse Council and its Member Clubs in order to register your child in lacrosse.

For more information check out our website!

<https://www.sherwoodparktitans.ca/content/respect-in-sport---parent>

Season Information and Scheduling

Do you want to know more about when your athletes Division practices, when games are, what Playoff Season looks like?

Check out our website at:

<https://www.sherwoodparktitans.ca/content/season-division-info-and-scheduling-2025>



Greater Edmonton Lacrosse Council

The GELC is our Local Governing Body. Their Member Associations include Beaumont Raiders, Ft. Saskatchewan Rebels, Leduc Rebels, North Edmonton Wizzards, Parkland Posse, South Edmonton Warriors, St. Albert Rams, West Edmonton Blues, and Westlock Rock.

For more information about the GELC, games, divisions, and resources, check out their website.

gclc.ab.ca



Stay up to date on all thing Titans



www.sherwoodparktitans.ca