



TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

April 2023

President's Message

Dear Titans Family,

On behalf of the Sherwood Park Titans Executive Committee, welcome to the 2023 lacrosse season!

We are very excited to have met our 10% growth goal year over year. The Titans currently have 445 members, hosting 28 teams throughout all divisions, including an A team at U13, U15 and U17. The Titans are the biggest we have ever been - and the largest minor lacrosse club in Northern Alberta. Also a very important call out of these numbers is that we have 99 women registered with 6 teams - all complete with rostered goalies.

We have some exciting plans for this season. Keep a watch out for our bench staff - all have been fitted with golf shirts that we feel is the next step in being a professional organization.

We are also very proud to promote our Titans "Players of the Week" for 2023. Stay tuned on our social media accounts (Facebook, Instagram, Twitter and TikTok) throughout the year as the Players of the Week is posted.

In addition, the Titans, along with the Raiders, are hosting the first ever all women's tournament in the North. "Rock the North" will be a tournament like no other - we have 13 teams competing from outside the GELC. We encourage all our members to take the time and come out to Beaumont to cheer our Titans women's teams as they compete in this inaugural event, May 5-7, 2023.

Our Titans Classic will be bigger and better than ever with roughly 850 athletes hitting the floor. The Titans Classic will be hosting a U9 division - which filled up almost immediately after opening registration!

Finally, take the time to attend our "WRLLE Game Day Experience" and support our U17 A team who are competing in the Wild Rose League.

Your Executive are very proud of what we have put in place for the 2023 season. We love being at the rinks and hearing how excited you all are to get the season moving ahead. We trust that you will adhere to the Titans Code of Conduct at all times - always respecting spectators, coaches, officials and athletes and modelling good sportsmanship whether a practice or game.

We are very proud of our club - we are confident that you will represent Titans well.

We look forward to a fun season of lacrosse and wish you all the best in your season.

Karen Wellner
President

Important Dates

All teams are posted on the website along with some practice and game schedules. You should also have access to your team through the RAMP App where you can see your schedule, team roster and team chat.

The schedule is not finalized yet, so be sure you are checking often for any changes or updates.

If you are continuing to have any challenges using the RAMP App, please contact us: webpage@sherwoodparktitans.ca

Important Upcoming Dates:

April 20: RTN Apparel Pre-Sales Close

April 22: FREE Titans Goalie & Coach Clinics

May 5-7: Rock the North Tournament

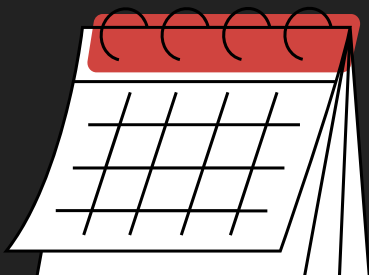
May 7: Deadline for Coaches to Submit GELC U7/U9 T-Shirt Order Form

May 30: Coach Training deadline

June 2-4: Titans Classic Tournament

June 17 & 18: Tentative Dates for U7/U9 Wrap-Up Jamboree

July 14-16: Provincials in Edmonton area



Bench Staff Information

Bench Staff Checklist:

Bench staff refers to: head coaches, assistant coaches, managers and trainers.

- **Register** as staff through our **RAMP Registrations site**
- **Upload** a current **Criminal Record Check** (valid up to 2 years) to your RAMP staff registration
- Coaches, you will also need your **NCCP** number to add to your staff registration
- Coaches, ensure you have appropriate **coach level training** for your division and role

Coaching Clinics/Qualifications:

Please check out the GELC 2023 Coaching Clinics to see clinics available in the Edmonton area. If you have any questions about coaching, please reach out directly to our Coach Development Director, or your Division Director.

Change to Men/Women

This season you may notice a change to our division names and age groups, as well as, a change in labelling from "Male/Female" now to "Men/Women". This change comes with guidance from Lacrosse Canada in promoting inclusiveness. The term "female" connotes a biological category, while "women" is a whole human person, making it technically a noun. The Titans are supporting the use of women as an adjective to achieve a more inclusive meaning that emphasizes gender over biological sex. In the coming days, you will notice this change occur in all of the GELC member associations.

Sponsorship Opportunities

Sponsorship opportunities are still available! With your generosity we will be able to provide the Titans players with an even greater experience.

- Team Jersey Sponsorship
- Tournament Community Sponsor
- General Sponsorship
- Other Sponsorship Opportunities

All of the details are available on our [website](#).

Please direct sponsorship inquiries to: webpage@sherwoodparktitans.ca

Tournaments

Spots are filling up quickly for both our Rock the North Women's Tournament and the Titans Classic Tournament!

Spots are being held for all of our Titans teams. Head coaches/managers, please contact the tournament directors to finalize your team's application:

Rockthenorth@sherwoodparktitans.ca
Tournament@sherwoodparktitans.ca

*If you coach/manage a U11 men's team, spots are being held for you in the Beaumont Mother's Day Mayhem Tournament. Contact: Skyler Beynon vicepresident@beaumonttraiders.com

Please visit the [ALA website](#) for a list of other tournaments in Alberta this season.

Goalie Clinic

Presented by the Junior B. Outlaws, the Sherwood Park Titans are excited to host another **FREE** Goalie Clinic for all Titans goalies!

Saturday, April 22, 2023
Ardrossan Rec Centre (East)

U9/U11/U13 Goalie Clinic
9:30 am - 11:00 am

U15/U17 Goalie Clinic
11:30 am - 1:00 pm

Goalies **MUST** be registered, spots are limited and filling up quickly! Register ASAP to secure your spot.

[> REGISTER NOW](#)



Coach Prep Camp

Along with the goalie camp, the Junior B. Outlaws are also hosting a **FREE** Coaching Prep Camp for all Titans coaches.

Saturday, April 22, 2023
Ardrossan Rec Centre (East)

U7/U9/U11 Coach Prep Camp
1:30 pm - 3:30 pm

U13/U15/U17 Coach Prep Camp
3:30 pm - 5:30 pm

Coaches must register ahead of time to attend.

[REGISTER NOW >](#)



Rock the North Apparel

We are excited to partner with JJ's Screenprinting in Beaumont, Alberta, and offer you exclusive Rock the North Women's Lacrosse Tournament apparel!

Presales open March 15th, 2023, and **close Thursday, April 20th, 2023**. All orders will be delivered May 4th to our Tournament Coordinators and will be distributed to team managers during the May 5th, 6th and 7th weekend. Teams will be contacted with pick-up information at a later date.

***Limited** items may be available on-site; however, not all items in the store are guaranteed.

Order now as stock will be limited at the tournament - ORDER NOW!

ORDER



WRLC Game Days

The Wild Rose Lacrosse League (WRLC) is a premier league for U17A Box lacrosse players in Alberta. It is governed by the Alberta Lacrosse Association (ALA) but managed by participating Local Governing Bodies (LGB) which include the Calgary District Lacrosse Association (CDLA) and the Greater Edmonton Lacrosse Council (GELC).

Last year our U16-A Titans were part of the WRLC inaugural season and not only were they the North Division Champions in 2022, they also went on to become the WRLC League Champions!

Come check out a WRLC home game for a special game day experience this season! Watch some high level lacrosse, enjoy the music and cheer your Titans on - all for FREE! This would be a great event for an entire team to attend as they will get to see what they can work towards and it's free, fun and would be a great team building event!

Exhibition Game:

April 15 @ 4:00 pm

Ardrassan Recreation Complex



Meet Our Treasurer

Pam Briton is a well-known face within Titans lacrosse and her role is integral for our club as the treasurer.

Pam has been a part of the Sherwood Park community since 2004 and first became involved with the Titans in 2015 when her oldest started playing in Tyke. Her younger son started playing the following year, and they haven't looked back!

Pam grew up playing soccer and volleyball and was introduced to the game of lacrosse through her boys. She says she loves the high energy of the game!

This season Pam is most looking forward to connecting with their lacrosse family again and watching the kids improve and develop.

Thank you Pam, for the time you volunteer and give back to our club. The entire Titans club, along with your boys, are lucky to have you!

Players of the Week

Titans will be featuring 2 athletes each week, one men's and one women's. Coaches will send nominations and recipients will be featured on our website and social media platforms, and will also get special prize!

FOLLOW US



<http://sherwoodparktitans.ca/>

COACH SOCIAL

Join Us After Your Coach Prep Camp
and
Catch Some NLL Action Together!



Saturday, April 22, 2022
Brown's Social House (Sherwood Park)
5:30 pm
Fireside Table on the Patio
Appetizers on Us!

