

# TITANS LACROSSE NEWSLETTER



JULY  
2025



## Hello Titans!

The month of July is bittersweet in box lacrosse. The conclusion of the ALA Minor Box Provincials also marks the end of our Titans programming for the season. However, many of our Titans will make some of the best memories of their lacrosse journeys at the provincial level, or national level during the month of July. As we celebrate another amazing season of Titans lacrosse, we also look ahead to taking the floor as Titans again next season.

Enjoy your summer Titans, and we can't wait to see you all at the rink again next season!

## Treasurer Opening

The Titans are on the lookout for a Treasurer! Have experience in QuickBooks, budgeting, and financial management? We want to hear from you!

Send a resume to:

[president@sherwoodparktitans.ca](mailto:president@sherwoodparktitans.ca)

The Treasurer position is a volunteer role with a 2-year term. The successful candidate will be supported as they transition into the role by the outgoing Titans treasurer.



[www.sherwoodparktitans.ca](http://www.sherwoodparktitans.ca)



## Titans Season Evaluation Survey

Now that the Titans box lacrosse season has ended, our Titans Season Evaluation Survey has now gone live! The Titans want to hear about your athlete's experience and your experience this season. Your feedback provides us with insights into what we're doing well, and where we can improve. Please be sure to complete the survey by July 31<sup>st</sup>.

The survey can be found by clicking on the link below:

[2025 Titans Season Evaluation Survey](#)

## Titans Coach and Volunteer Recognition Nominations

Did a coach, team manager, or parent on your team go above and beyond this season? The Titans are now accepting nominations for both a coach and a volunteer to be recognized at our AGM this fall. Tell us about your nominee and how they've been extraordinary in their contributions to both the Titans and the lacrosse community. The deadline for nominations is August 31<sup>st</sup>.

Each nomination form can be found below:

[2025 Titans Coach Recognition Nomination Form](#)

[2025 Titans Volunteer Recognition Nomination Form](#)



## Titans AGM and U17 Graduation Ceremony

The Titans Annual General Meeting will be held this fall, as will our U17 Graduation Ceremony, celebrating the minor lacrosse careers of our graduating players.

Stay tuned to our Titans social media accounts, website, and email communications for dates and details!





# Gunnar Beynon GoFundMe

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Gunnar Beynon is a young member of our lacrosse community who needs our support. Active as both a box and field lacrosse athlete, as well as a mentor for younger athletes within the Raiders and Razorbacks associations, Gunnar has recently been diagnosed with Hodgkin's Lymphoma.

A GoFundMe has been set up to support Gunnar and the Beynon family as Gunnar begins treatments.

Let's pull together as a lacrosse community in our support of Gunnar and the Beynon family, as we cheer Gunnar on!

Please find the GoFundMe below:

[Gunnar Beynon GoFundMe](#)

## Titans in the News

The success of our Titans teams and athletes in the GELC Playoffs has been featured prominently in the news recently. Detailing the podium playoff finishes of several of our Titans teams, the playoff success of the Titans has been made well-known. A special thanks to Lucy Gordon at the Sherwood Park-Strathcona County News for her work in covering the Titans this season! Please see the article below.

[Titans score big at city championships](#)

The **Sherwood Park • Strathcona County News**



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### ALA Minor Box Provincials

Three of our Titans teams qualified for the ALA Minor Box Provincials in Calgary from July 11<sup>th</sup> - 13<sup>th</sup>. The tournament saw our U15-3 team play a nailbiter in the bronze medal game against the Taber Thrashers that came down to the final minute. Our teams played hard, represented the Titans with pride, and we couldn't be more proud of them!

### Prairie Cup

Several of our Titans made the trip to Brandon, MB, to represent Alberta in the Prairie Cup, competing against the Saskatchewan and Manitoba lacrosse associations. 26 Titans athletes were rostered across 6 teams at the Prairie Cup, where U13B Alberta North and U15G Alberta took home hard-fought silver medals, while U13G Alberta North, U15B Alberta North, and U17B Alberta CSG all came out on top, winning gold medals! Way to go Titans!



### CLA Minor Box Nationals

16 Titans athletes and 3 Titans coaches have been selected to represent Team Alberta at the upcoming CLA Minor Box Nationals. Our U15 Titans will be competing for the Commissioner's Trophy and Rose Engemann Trophy from August 11<sup>th</sup> - 15<sup>th</sup> in Halifax, NS, while our U17 Titans will be competing as part of the 2025 Canada Summer Games in St. John's, NL, from August 10<sup>th</sup> - 24<sup>th</sup>. Good luck to all of our Titans players and coaches!

TEAM  
**ALBERTA**  
LACROSSE





# Secretary Opening

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Have strong organizational skills and a knack for detailed note-taking? We're looking for a secretary to join our Titans Executive team! The Secretary position is a volunteer role with a 2-year term. The successful candidate will be responsible for taking and distributing meeting minutes for the Titans board, supporting Titans communications and record-keeping, as well as occasionally supporting the Board or Titans Committees with miscellaneous tasks. Reach out to [president@sherwoodparktitans.ca](mailto:president@sherwoodparktitans.ca) to learn more or get involved!

## RMLL Playoffs

With the RMLL playoffs well under way at both the junior and senior levels, former Titans can be seen playing in some of the best lacrosse in Alberta. This postseason will see the Fort Saskatchewan Rebels host the Larry Bishop Memorial Cup at the nearby Jubilee Recreation Centre from August 1<sup>st</sup> - 4<sup>th</sup> as teams battle it out to determine the RMLL champion, and the ALA representative for the Founders Cup. Following the Larry Bishop Memorial Cup, the Jr. B national champion will be decided right here in Alberta as the Calgary Shamrocks will host the Founders Cup from August 18<sup>th</sup> - 24<sup>th</sup> at the Seven Chiefs Sportsplex. Head to the RMLL website at the link below to find postseason action near you, or catch the RMLL playoffs online at CROW LAX TV at the link below!

[Rocky Mountain Lacrosse League](#)  
[CROW LAX TV](#)

## Other Important Dates

Commissioner's Trophy (U15 Male Box Nationals) - August 11<sup>th</sup> - 15<sup>th</sup>,  
Halifax, NS

Rose Engemann Trophy (U15 Female Box Nationals) - August 11<sup>th</sup> - 15<sup>th</sup>,  
Halifax, NS

2025 Canada Summer Games (U17 Male and U17 Female Box Nationals) -  
August 10<sup>th</sup> - 24<sup>th</sup>, St. John's, NL

Sherwood Park Titans AGM and U17 Graduation Ceremony - Stay Tuned!

Stay up to date on all things Titans



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