



2020

COACHING PROGRAM

ALBERTALACROSSE.COM



COACHING LACROSSE

Lacrosse (Box, Men's Field, Women's Field) coaching is run under the National Coaching Certification Program (NCCP). The NCCP is there to help individuals to be the best coach that they can be. When a person takes an NCCP clinic, they gain lacrosse technical abilities as well as leadership and decision-making skills. NCCP training will open doors to new opportunities in coaching and in life.



BOX LACROSSE MINIMUM STANDARDS

Box Lacrosse			
Age Group	Club Minimum Standard	Provincial Team Minimum Standard	National Team Minimum Standard
6U	Community Initiation - Trained	n/a	n/a
8U	Community Initiation - Trained	n/a	n/a
10U	Community Development - Trained	n/a	n/a
12U	Community Development - Trained	Competitive Introduction - Certified	n/a
14U	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
16U	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
Intermediate	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
Junior	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
Senior	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
National Teams	n/a	n/a	Competitive Development - Certified

BOX MINIMUM STANDARD NOTES

Head Coaches and Assistant Coaches will be held to the same standard at ALL levels.

All first-year coaches may be Trained for community development, but any coach at 14U and above must achieve their competitive-introduction training in the second year of coaching.

A first-year coach may be 'In-Training' – completed the Comp Intro clinic

A second-year coach may be 'Trained' – workbook successfully completed/Making Headway course/Making Ethical Decisions.

A third-year coach must be 'Certified' if attending Nationals – Evaluated.



MEN'S FIELD LACROSSE MINIMUM STANDARDS

Men's Field Lacrosse			
Age Group	Club Minimum Standard	Provincial Team Minimum Standard	National Team Minimum Standard
U6	Community Initiation - Trained	n/a	n/a
U8	Community Initiation - Trained	n/a	n/a
U10	Community Development - Trained	n/a	n/a
U12	Community Development - Trained	Competitive Introduction - Certified	n/a
U14	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
U16	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
U19	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
Senior	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
National Teams	n/a	n/a	Competitive Introduction - Certified

MF MINIMUM STANDARD NOTES

Head Coaches and Assistant Coaches will be held to the same standard at ALL levels.

Level 1 Certified is equivalent to Community Development Trained

Level 2 Certified is equivalent to Competitive Introduction Certified

All first-year coaches may be Trained for community development, but any coach at 16U and above must achieve their competitive-introduction training in the second year of coaching.

A first-year coach may be 'In-Training.'

A second-year coach may be 'Trained.'

A third-year coach must be 'Certified' (if required above).



WOMEN'S FIELD LACROSSE MINIMUM STANDARDS

Women's Field Lacrosse			
Age Group	Club Minimum Standard	Provincial Team Minimum Standard	National Team Minimum Standard
U5	Community Initiation - Trained	n/a	n/a
U8	Community Initiation - Trained	n/a	n/a
U11	Community Development - Trained	n/a	n/a
U17	Community Development - Trained	Competitive Introduction - Certified	n/a
U19	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
Senior	Competitive Introduction - Trained	Competitive Introduction - Certified	n/a
National Teams	n/a	n/a	Competitive Introduction - Certified

WF MINIMUM STANDARD NOTES

Comm-Dev = Community Development
Comp-Intro = Competition Introduction

Level 1 Certified is equivalent to Community Development Trained
Level 2 Certified is equivalent to Competitive Introduction Certified

A first-year coach may be 'In-Training.'
A second-year coach may be 'Trained'
A third-year coach must be 'Certified' (if required above).



COACHING TERMS

Trained (at Community Initiation and Development) – Attend the applicable clinic.

In training (only at Competitive Introduction)– completed the pre-assessment, register for a clinic on line, and attended a clinic.

Trained (at Competitive Introduction)- completed the pre-assessment, register for a clinic online, attended a clinic, and completed the Evaluation workbook successfully; Making Head Way and Making Ethical Decisions which are completed online through CAC.

Certified (only at Competitive Introduction)- completed the pre-assessment, register for a clinic on line, attended a clinic, completed the Evaluation booklet successfully, completed Making Head Way on linethrough CAC; completed MED (Ethics) through CAC, and has completed an in-person evaluation; accumulate 20 professional development points over 5 years to maintain certification.

COACHES CAN ONLY TAKE ONE (1) CLINIC PER YEAR



CREATING AN ONLINE PROFILE

Go to: <http://nccp.lacrosse.ca/>

Fill in your personal information

Enter your access ID (which was provided by the host of the clinic)

CLICK ON NCCP training and CLA tools (\$15.00 option)

Select level starting coach training at

If you have been given an Access ID, please [register](#) for access.



* Postal Code:

* Phone:

* email:

* Preferred Language: English French

Birthdate:

* Your Local Association:

Access ID: (leave blank if unknown)

Register for: NCCP Training and CLA Tools (\$15.00)
 CLA Tools only (\$10.00)

What context will you be starting at?:

Would you like to receive emails when new clinics are added in your province and/or periodic news emails from the Canadian Lacrosse Association?

[Continue >>](#)

* required

Enter Code from Clinic Host here

COMMUNITY DEVELOPMENT PATHWAY

Coaching creates a profile online at <https://nccp.lacrosse.ca/>



Pre-clinic assessment online



Register for clinic online



Attend clinic in-person



Coach receives 'Trained' status

COMPETITION INTRODUCTION PATHWAY

Log in and complete online clinic assessment and register for clinic



Attend Clinic (In-Training Status)



Complete online workbook, Making Head Way online MED Evaluation via CAC (Coach receives Trained status)



In-person practice evaluation (Coach receives Certified Status)

Notes

*Once the clinic and workbook are complete coaches can move through additional evaluation.

**Evaluation of workbook is completed by the CLA

***MHW and MED are completed through the CAC.

IN-PERSON EVALUATION PROCESS

Log into your profile here - <http://nccp.lacrosse.ca/>



Under your Competitive Introduction Status - Request an in-person evaluation



The ALA Office will book an Evaluator for the coach requesting the evaluation.



You will receive an email with your evaluator cc'd on the email to book a convenient time for both the coach and evaluator.

The home club is billed \$50 per evaluation.

MAINTAINING CERTIFIED STATUS

Coaches must accumulate 20 professional development points over 5 years to maintain certified status.

This can be done by reporting active coaching, taking part in e-learning, attending ALA sanctioned events that qualify for professional development points

E-LEARNING AND ONLINE MODULES

Login: thelocker.coach.ca/account/login?ReturnUrl=%2f

eLearning

Log into your profile with CAC# and password and then click on e-learning. If you do not have your CAC# or do not remember it or your password, please contact the ALA at coach@albertalacrosse.com

Make Ethical Decisions Online Evaluation

You must choose - Make Ethical Decisions Online Evaluation: Competition - Introduction.

BENEFITS OF THE ON-LINE COACHING SYSTEM

For coaches who already have their required training and certification, for a fee of \$18 the coach can have online access to:

The CLA Drill Manual for better player performance

Sample practice plans and practice planning forms to assist in coaching

Sample seasonal plans and seasonal planning forms to assist in coaching

Tip of the Week

Ask the Coach

Coaching Tools Video for Community Development and Comp-Intro

Additional tools as they become available

**ACCESS ALBERTA LACROSSE TV FOR COACHING
RESOURCES AND VIDEOS**

WWW.ALBERTALACROSSETV.COM
